

HAPPY NEW YEAR SAMACHAR

January Edition of Health & Happiness



Note from President

Dear Mid-City Family

I am thrilled to welcome you all to a New Year filled with electrifying beats, dazzling lights, and unforgettable nights. Let's raise a toast to new beginnings, exciting adventures, and the vibrant spirits that makes our club the ultimate destination for celebration.



The year started with a bang and with plethora great news from all the corners. It is like joining all the dots together and coming together to make a Mahakumbh. January'25 will always remembered for the next 144 years due to a rare celestial configuration amplifying its spiritual significance and Mahakumbh 2025. The Mahakumbh Mela 2025 is not just a religious event or single largest human gathering on earth at one place but also a celebration of faith, culture, and humanity, bringing together people from all walks of life in a shared experience of spirituality and devotion plus boost to economy.

RCBMC also welcomed and celebrated January month on similar spirit. We came together for fantastic musical evening which thrilled and vibrated our body and mind. It was a shake-up event for the club. We touched upon all sections of society be it old age dada dadi – donating LED lights to illuminate their life, Donating 4 sewing machines to needy women to make them self-reliance, Reaching out to Night School students to understand their requirement and donating the stationery and printer for ease of study, spend time with child cancer patients and spending time with them and encouraging our interact club school to participate in Rotal district program. We also ensured that our trust compliance is in place and same time get ready for the Global Grant project execution. But all these Mahkumbh was not possible without generous donors and club members who came together to celebrate the life. Finally we welcomed 3 new members in our family. As I always says Thank you Tahe Dil se to all.

Happy New Year to my entire family member! Wishing you a year filled with joy, laughter, and unforgettable moments. *Happy reading* .

Yours
Ajay Mishra

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ROTAL

RCBMC Co-hosted the Rotal event started on 5th January and completed on 25th January 2025.

We are glad to share with you that total 11 children participated in the Rotal from our interact club school –Seva Sadan Society and one Family member with 17 entries in different categories. We won 6 prizes in the competition. The best singer got diamond pendant as prize from the hand of Chief Guest DG Chetan Desai. We also got trophies for best participant club.

The entire coordination with students and clubs were done by Rtn Meghna, IPP Mahesh Bilimoria and Rtn Nimmi Plaha. Rtn Nimmi Plaha was eminent member of the organising committee from our club and hosted the show and competition. Thanks to the club members who supported by paying fees of the participants. Enjoy the Pictures.



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NIGHT SCHOOL

Our club's motto is to reach all sections of life and become sensitive to them, help them. Under our endeavor of Dekho bhi and Seekho bhi campaign we visited Adarsh Nagar night school run by Municipal. It was memorable event personally for me. When we interacted with the all the students we were amazed to see that the students were housewives, working women, working man who came to study after finishing their work. All thanks to our RCC member Rajesh who introduced them to us and Women and Child empowerment director Ratna Betala, Roop Betala who himself studied in similar fashion in later part of their life. Rtn Roop Betala shared his experience of completing LLB in his 60's We did following projects with Night School of 50 students . The effort has been published in local news paper.

Project 1: Donation of 100 Copy book to students to support them financially and encouraging them to study.

Project 2: Donation of 50 Clip board made from recycled plastic and 50 pen made from recycled paper to create awareness about plastic recycling and educating them about benefit of recycling under Dekho bhi and Seekho bhi Campaign. This project was supported from Pace foundation.

Project 3: Donation of printer to the school to help them in their day to day work. Handing the printouts of study material to the students.



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WOMEN EMPOWERMENT

RCBMC committed towards women empowerment during the vibrant year and we continued the momentum by supporting more women to become self-reliant. During the month of January we found 4 needy women who needed financial support for their daily life. Knowing their requirement first Lady Sonali Mishra came forward and supported three women by donating sewing machines so that they can earn the living in a dignified manner. Another sewing machine was donated by Ripal Shah (friend of our Member Rtn Mona Sheth). Our club thanks all the donor for their generous support. Special thanks to Women and child empowerment director Rtn Ratna betala for identifying the needy and all coordination.

Project 1: Donation of Sewing machine to Rita Devi from Worli Village. Donor Sonali Mishra

Project 2: Donation of Sewing machine to Ms. Trishna from Mograwadi, Valsad.

Donor Sonali Mishra

Project 3: Donation of Sewing machine to Ms. Zainab from Mograwadi, Valsad.

Donor Sonali Mishra

Project 4: Donation of Sewing machine to Unnathi Patel at chinchai village near Pardi.

Donor Ripal Shah



ZAINAB

UNNATHI

RITA DEVI

TRISHNA

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DADA DADI & CHILDREN

Our Club touched the lives of younger generation to old generation by trying our best support them. Sometimes we miss the basic sensitivity of spending times with them understand their basic requirement. These two generations probably do not require much materialistic contribution but time so that they can talk and express. I believe, in this busy life spending time with them is most precious and may be a much-needed break. We as always tried.

Project 1: Donation of LED lights to the Adharwad old age home, Panvel. Rtn Preeti Agarwal from our club decided to illuminate the building of old age home with lot of lights, a simple effort to tell them we are with you and they thanked us by saying that they could sit outside now and walk in the campus freely. This is the best feeling we got as being Rotarians.



Project 2: Our women and child empowerment director Ratna Betala does not leave any opportunity to spend time with children. She reached out to St Jude children who are undergoing treatment for cancer and spent time with them, shared snacks, played and danced to the tunes. I think simple giggles on their faces makes us believe that we are indeed doing our best. Special thanks to Ritika Betala and Shikha Mehta. Shikha Mehta Daughter of our Member Roopal Mehta donated all the required snacks for children. As per Shikha it was one of her best moments of life and thanked RCBMC for the moment.



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REPUBLIC DAY

Our President Rtn Ajay Mishra celebrated republic day with interact club school –Seva Sadan society. It was a proud moment for our club. President shared his wisdom on the importance of republic day in our country, differentiated between 15th August and 26th January. While on 15th August we became independent from the slavery, on 26th January our Constitution gave right to the citizen of our country in this country. Our club thanks Seva Sadan Society for inviting/honoring us for this prestigious ceremony.



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SPEAKER MEET

Did you know our City Mumbai is green City of Earth for consecutive last 3 years? I am sure lot of member didn't know it unless our guest speaker for the month shared with us. Our January Month speaker guest was the Superintendent of Garden of MMRDA, Mumbai, Shri Mr. Jitendra Pardesi. It was an eye opener meeting for our club. We did not even knew what all actions are taken by our municipal corporation to make our city breathable, by using local tree plantation for long life to using Google based heat technology to identify the warm area and cold area for taking action, rejuvenating the river to turning dump yard into green forest, planting beautiful trees for improving our spirit to setting up scientific Miyawaki forest for high impact on nature and they also organize the flower show. It was a gem of information. We all promised ourselves to do our bit.



Mid-Day Meal for Talasari Adivasi School

RCBMC continues to support Adivasi School of Zari Village, talasari for their Mid-day meal requirement and donated entire January month meal cost for 330 students. The project is led by Rtn Mmona Sheth and Jjayesh Sheth. Special thanks to the donor Rtn Mala Swarup, Rtn Mahesh Bilimoria, Rtn Pravin Sarvaiya for generous donation for the project.



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WELCOME & GREETINGS

RCBMC expanded its family and welcomed 3 new members in our club. We are becoming bigger and better family



Shri Deepak Nihalani
B.E. (Comp Science),
MCPM,



Smt. Vedika Nihalani
MSc (Mathematics)



Shri Karan Silori
Yoga Instructor

BIRTHDAYS & ANNIVERSARY

RCBMC celebrated the birthdays & Anniversary of its family members.

BIRTHDAYS

1. Rtn Meghna Bilimoria – 5th Jan
2. Smt Sonali Mishra – 25th Jan

ANNIVERSARIES

1. Rtn Ashok & Amisha Kothari
2. Rtn Roopal & Deepak Mehta



Best Wishes from Club

THANK YOU